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COVID-19 SAFETY PLAN FOR INTERNATIONAL STUDENTS

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Table of Contents

| | |
|--|---|
| READINESS PLAN FOR INTERNATIONAL STUDENTS..... | 3 |
| INTERNATIONAL PRE-ARRIVAL PLAN..... | 3 |
| TRANSPORTATION & ACCOMMODATION | 4 |
| 14-DAY QUARANTINE PERIOD..... | 5 |
| POST QUARANTINE..... | 7 |
| COMMUNICATION AND EDUCATION FOR THE CAMPUS COMMUNITY | 9 |



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Readiness Plan for International Students

Quantum Academy developed the Readiness Plan to ensure the health and safety of all staff, students, and community by following guidelines set out by the Government of Canada, the Provincial Health Officer (PHO), WorkSafeBC, and the Ministry of Advanced Education, Skills and Training.

This readiness plan is intended to provide a comprehensive safety plan and support the arrival and returning international students. Quantum Academy supports international students to come to Canada and will ensure full compliance with the federal, provincial, and public health orders to have safe operating guidelines in place.

International Pre-arrival Plan

The following pre-arrival plans are in place to support students' safe arrival at Quantum Academy.

Students have direct communication with Quantum Academy staff for 1:1 assistance on study and travel/landing problems via email, zoom video, or phone.

Once admitted, Quantum Academy will send reminder emails to accepted students regarding arrival requirements and information, includes:

- [**International Student Travel and Quarantine Plan**](#). This form outlines student's quarantine plan, and student is expected to complete and print for presentation to the border service officers upon arrival in Canada
- Students will be required to adhere to the Quarantine Act, including use of [ArriveCAN App](#) and the [BC COVID-19 App](#). Students are recommended to download the app before arriving at the border
- Students arriving in Canada must take a COVID-19 test before leaving the airport and they must spend 3 days in a government-authorized hotel as listed here (<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/mandatory-hotel-stay-air-travellers/list-government-authorized-hotels-booking.html>)



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- Only after a clear negative test result has been received, the students are allowed to travel to their place of quarantine
- A take-home test will be provided during their arrival in Canada and they will have to use it per instructions after 10 days of quarantine at their place of isolation
- Once a clear negative result is provided by the take-home test, then the students are allowed to leave their quarantine
- Staff will communicate with students regarding the pre-arranged safe transport and PPE requirements
- Our staff will communicate and work with students on their medical insurance and other related documents
- Online orientation is mandatory for students prior attending campus. Topics during orientation includes detailed explanation of COVID-19 Safety Plan, International Student Readiness Plan, and Q&A session
- Students need to notify Quantum Academy two weeks before coming to Canada on how they are travelling to Canada, their arrival date, their travel and quarantine plan
- Quantum Academy will send Institution COVID-19 Safety Plan, International Students Readiness Plan, and International Student Travel and Quarantine Plan to students prior their departure to Canada

Transportation & Accommodation

Students need to provide a detailed isolation plan including where they are staying, what measures they are taking and how they are getting to their place of accommodation.

Students should not use public transportation to their places of isolation. As needed, the institution will coordinate and suggest an approved accommodation for self-isolation. Taxi pickup and drop-off at the approved accommodation is highly recommended.

A signed copy of International Students Travel and Quarantine Plan needs to be submitted and approved by Director of Quantum Academy no less than two weeks before traveling to Canada.

If necessary. Quantum Academy will assist student to arrange accommodation for students' quarantine, including hotel arrangement, food and supplies.



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The List of Government Authorized Hotels for 3-Day Stays

Days Inn By Wyndham

2840 Sexsmith Road, Richmond BC, V6X 2H3

Fairmont Vancouver Airport

3111 Grant McConachie Way, Richmond BC, V7B 0A6

Four Points by Sheraton Vancouver Airport Hotel

8368 Alexandra Road, Richmond BC, V6X 4A6

Radisson Vancouver Airport

8181 Cambie Road, Richmond BC, V6X 3X9

Westin Wall Centre Vancouver Airport

3099 Corvette Way, Richmond BC, V6X 4K3

The List Designated Quarantine Hotels

Hilton Vancouver Airport Suites

7551 Westminster Highway, Richmond BC, V6X 1A3

Sheraton Vancouver Airport

7551 Westminster Highway, Richmond BC, V6X 1A3

Sandman Vancouver Airport Hotel

3233 St Edwards Drive, Richmond BC, V6X 3K4

Radisson Hotel Vancouver Airport

8181 Cambie Road, Richmond BC, V6X 3X9

14-Day Quarantine Period

Before arriving Canada, students must hold approved Travel and Quarantine Plan, approved student permit, suitable medical insurance and have completed the requirement of [ArriveCAN App](#) and the [BC COVID-19 App](#).



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When arriving in Canada, students must take a mandatory COVID-19 test before leaving the airport. Students will be given a take-home test as well for later use. The students will have to go to their choice of a government authorized hotel to quarantine for 3 days, awaiting clear negative test results from the COVID-19 test in the airport. Once a clear negative test result is given and it is a negative result, students can proceed to their quarantine designation of choice. When travelling to the hotels or place of quarantine, private transportation must be used at all times such as a taxi, uber, or any third-party service that is not public transportation. Masks are required at all times during the airport and when travelling to place of quarantine. After their 10 days of quarantine at their place of designation, students will use their take home COVID-19 test, once clear negative results are established and they are negative, students may then leave their quarantine.

International students (or domestic students returning from aboard) must self-quarantine for 14 days following the above-mentioned guidelines. Students need to stay at their quarantine places at all time and will not be allowed to leave the place unless they need to seek medical attention.

Students need to report their condition to Quantum Academy on daily basis. They also need to adhere to the Quarantine Act. Quantum Academy staff will monitor the completion of self-assessing report.

During the student's quarantine period, Quantum will integrate the student into the community through online social meetings and orientations to ensure the student's health and wellness. Social events will be held so that the student will be able to meet the staff, faculty, and other students.

Monitoring Throughout the Quarantine Period

Students will be required to self-monitor and self-report for any COVID-19 symptoms, including taking their temperature every day and filling in the COVID-19 Self-Quarantine-Screening Questionnaire every day and send it back to Quantum Academy before 12:00 PM PST.

Quantum Academy staff will contact international students throughout the period of self-isolation to ensure students' well-being. If students have any questions, they can reach out to



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Quantum Academy staff via email, online video call, and phone call. Quantum Academy staff will get back to students within 24 hours.

COVID-19 International Student Travel and Quarantine Checklist (available to download on Quantum Academy website) entails the guidelines to support students in their travel and quarantine upon arrival in Canada.

If a student develops any symptoms of COVID-19 during the quarantine period, the student should immediately contact 811 or complete [BC COVID-19 Self-Assessment Tool](#) and get tested. The student should strictly follow all public health guidance and must not end their self-isolation period until public health says so.

If there are any compliance issues during the 14 day mandatory quarantine, the Director of Quantum will be notified and they will get in touch with the local and provincial authorities. The Director of Quantum will work closely with Health Canada and the local law enforcement if there are any compliance issues.

Related Resources:

[Guidelines On How to Self-Quarantine](#)

[Government of Canada: For travellers without symptoms of COVID-19 returning to Canada](#)

[Government of BC: BC Provincial Health Officer Orders](#)

Post Quarantine

Stigma and anti-racism support, mental health and cultural/religious Considerations

Students should be aware that during the COVID-19 pandemic, there is a higher level of racism and related stigma, as well as mental health pressure and cultural or religious considerations.

During orientation, Quantum Academy will include information about COVID-19 related stigma and anti-racism support. Quantum Academy will continue to provide assistance to students after completion of 14-day quarantine period, offering mental and physical health support information, antiracism and COVID-19 stigma supports.



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If any related issue arises, student should reach out to Quantum Academy staff for help and advice via info@qlearning.ca or call 604-279-6889



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Communication and Education for the Campus Community

Quantum Academy requires students and staff to attend training session to ensure all students and staff understand their roles and responsibilities in maintaining the safety of campus.

Student/staff training includes training on required hand washing, cough/sneeze techniques. Quantum Academy also recommends staff to complete the course.

Topics of training include:

- COVID-19 safety plan overview for staff working or returning to campus
- COVID-19 orientation for new staff before they onboard
- COVID-19 orientation for new students during their orientation
- COVID-19 safety information update on regular basis
- COVID-19 outbreak response training

Quantum Academy regularly updates staff and students on what is being done at the premises to ensure safety and minimize the risk of COVID-19 transmission. Our Health and Safety Committee aims to ensure all the messages that will be sent to the campus community is consistent with provincial and local public health advice.

Multiple communication channels are being used to ensure COVID-19 key messages are being communicated effectively.

Quantum Academy will perform regular check-ins and updates with staffs and students to reinforce best workplace practices relating to COVID-19 and other health and safety matters.